



Effective May 8, 2024

AQUA	MON	TUE	WED	THU	FRI	SAT	SUN
Morning							
8:30							
9:15	Aqua Fitness	Deep Water	Aqua Fitness	Aqua Fitness	Aqua Fitness		
10:05	Aqua Arthritis						
Evening							
6:15	Aqua Fitness		Aqua Fitness				
Swim Lessons							
Morning						9:00-11:00	
Evening	4:00-6:00	4:00-6:00	4:00-6:00	4:00-6:00	4:00-6:00		

Pool closed during Aqua Fitness Classes

No lap lanes available during swim lessons

Pool closes 15 minutes prior to club closing

2191 Post Rd, Warwick, RI 02886 • 401-732-2413 • www.healthtrax.com

Center Hours: Monday-Thursday 6:00am-8:30pm, Friday 6:00am-7:30pm, Saturday & Sunday 8:00am-5:00pm,